

Pork Butt

COOK TIME: 4-6 hours (can also be done in a slow cooker)

YIELDS: 10-15 servings

INGREDIENTS:

5 lb Pork Butt

6 Tbsp F+F Zesty BBQ Seasoning

Salt & Pepper, to taste

Olive Oil, as needed

Butter, as needed

2 Onions, julienned

4 Garlic Cloves, chopped

Chicken Stock or Water, as needed

2 bottles F+F Sweet Heat Honey Habanero BBQ Sauce



- 1. Preheat oven to 300°F.
- 2. Generously season the pork butt all over with F+F Zesty BBQ Seasoning, along with salt & pepper, using olive oil to help seasonings stick, if needed.
- 3. Let the meat rest in the fridge overnight, or for at least three hours.
- 4. Sear the meat on all sides in a Dutch oven, in olive oil & butter.
- 5. Remove the meat from the Dutch oven & set aside.
- 6. Julienne the onions & add to the pan on medium-high heat. Add more olive oil, if needed to deglaze the fond created by the meat. Add in chopped garlic & stir..
- 7. Return the meat to the Dutch oven & fill with F+F Sweet Heat Honey Habanero BBQ Sauce, until about half of the meat is covered.
- 8. Place in the oven at 300°F for 4-6 hours, until tender & falling apart.
- 9. Pull the meat apart, once cool enough to handle, adding more BBQ sauce to evenly dress the meat, & serve!

