



FINCH + FENNEL

Chicken Apple BBQ Bake

COOK TIME: 35 minutes

YIELDS: 4-6 Servings

INGREDIENTS:

4 Chicken Breasts

Salt + Pepper, to taste

½ tsp Paprika

1 Onion

5 Apples

1-2 tsp Olive Oil or Butter

1 bottle F+F Sweet and Spicy Apple

Cinnamon BBQ Sauce



INSTRUCTIONS:

1. Chop up the chicken breasts into even ½ inch slices & season with salt, pepper & paprika & set aside.
2. Slice the onion & apples into ¼ inch pieces.
3. Arrange the apples, onion & chicken slices in a buttered or oiled baking dish.
4. Pour over the bottle of F+F Sweet and Spicy Apple Cinnamon BBQ Sauce & use a knife or basting brush to it smear around & evenly coat everything.
5. Bake at 350°F in a preheated oven for 25 minutes.
6. Let cool for 10 minutes before enjoying.

Enjoy!

